

## Information item 2: Teenage Pregnancy in Haringey

### 1. Introduction

Haringey had the highest teenage pregnancy rate in the country in 2010. As part of its response to this unacceptable situation, the shadow Health and Wellbeing Board recommended that the Community Safety Board be briefed in order to consider its contribution to address this priority.

This paper briefly outlines key information on teenage pregnancy in Haringey, links to community safety and includes the key health services and interventions available to support teenage pregnancy prevention and teenage mothers.

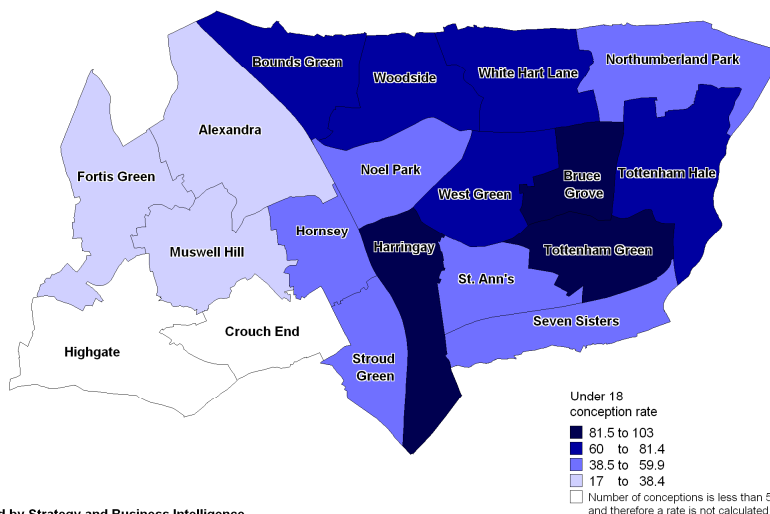
### 2. Teenage Pregnancy in Haringey

Reducing teenage pregnancy is a priority in Haringey's Health and Wellbeing Strategy.

The overall trend (based on 3-year 'rolling average' data) is a decreasing one. However in 2010, the rate increased and at 64.7 per 1000, was the highest in England (England and Wales rate was 35.5 per 1000). 203 teenagers became pregnant with 62.1% leading to an abortion. Data so far suggests a decrease in 2011. Positively, Haringey's under-16 conception rate decreased to its lowest rate in 2010.

Figure 1. Ward data showing teenage pregnancy rates (2008-2010)

Teenage Pregnancy 2008-2010



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## 2.1 What is the local data telling us?

- Large majority of conceptions are in the east of the borough (Fig.1)
- Most conceptions are to 17 year olds
- Most conceptions led to an abortion
- Bruce Grove had the highest number of conceptions in 2009., 2010 and 2011\* (\*birth data is incomplete for 2011)
- Majority of girls are White British
- Over representation of Black Caribbean girls

## 2.2 Why is teenage pregnancy a problem?

More teenage conceptions lead to a termination suggesting poor or no contraceptive use and increased risk of sexually transmitted infections. Teenage parents and their children often have less healthy pregnancies and poor infant health. Their education and employment opportunities are often adversely affected.

## 2.3 Issues related to community safety

- high risks associated with pregnancy and domestic violence
- teenage relationship abuse
- sexual exploitation and poor sexual health
- sexual exploitation within a gang context
- gaps in local knowledge and under-reporting of sexual violence

## 3. Services and interventions – teenage pregnancy prevention

1. Haringey's contraception and sexual health website [www.shharingey.co.uk](http://www.shharingey.co.uk) and helpline: 0208 442 6536 Monday to Friday, 9.30am to 4.30pm.
2. Come Correct C-Card, free condom distribution scheme for under 25s available at access points in Haringey and across London. [www.comecorrect.org.uk](http://www.comecorrect.org.uk)
3. Emergency hormonal contraception (EHC) pharmacy scheme, free to under 25s. Pharmacy details on [www.shharingey.co.uk](http://www.shharingey.co.uk)
4. NHS Abortion care in Haringey. Central Booking Service 08457 30 40 30, including self referral. [www.bpas.org](http://www.bpas.org) Vulnerable under 19s abortion support. 4YP Haringey, Leanna Powell, 07930 683 563.
5. Young + healthy. (Available later this autumn 2012) A free mobile app for 13 – 19 year olds. Includes games, quizzes, videos, information and quick links to help lines and local services on smoking, drugs, alcohol, sexual health, safe relationships, emotional wellbeing, healthy eating and exercise.

## 4. Services and interventions – teenage mothers

1. Family Nurse Partnership. Intensive support programme for first time teenage mothers in Haringey. Cecilia Sabri, FNP Supervisor, 020 8275 4035

2. YPT (Young Parents Team) Specialist Midwives at Whittington Hospital, Constance Danlardy, 07785 326 444 or 07785 335 133
3. Midwives at North Middlesex Hospital, 0208 887 2614/4055  
[www.northmid.nhs.uk](http://www.northmid.nhs.uk)

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